



SPRING 2013

CENTRAL LINE

WEST CENTRAL OHIO ONCOLOGY NURSING SOCIETY
www.wcoho.vc.ons.org/

WCO-ONS BOARD

President

Jill Reese RN, BSN, OCN
sizcreese@earthlink.net

Immediate Past President

Patti Adams RN, MSN, AOCNS
Pladams213@gmail.com

Secretary Jan Rafferty RN

JPRRex@gmail.com

Treasurer Darla Subler RN, OCN

bdsubler@gmail.com

Scholarships Susie Newton RN, MS, AOCN, AOCNS

snewton23@hotmail.com

Programs Jackie Matthews RN, MS, AOCN

jmatthews921@woh.rr.com

Archives Historian, Nominations

Peggy Jones RN, BS, OCN
prnjones@gmail.com

Historian, Outreach Ohio Liaison, Political Advocacy Mary Murphy RN, MS, AOCN, ACHPN

Mem1050@woh.rr.com

Programs, Registration Nan Lawary, RN, BSN, OCN

miznan@yahoo.com

Liaison Coordinator Karen Agnor, RN, BSN, CHPN

Karen.ragnor@gmail.com

Community Outreach Elena Mikalauskas RN, MS, OCN

emmikalauskas@mvh.org

Membership Julie Strohminger, RN, OCN

jstrohminger@woh.rr.com

Virtual Community Administrator LaDonna Hinkle RN, MSN, OCN

Graciasmama06@att.net

Member-at-Large Barb Sterling

barbsterl@sbcglobal.net



WEST CENTRAL OHIO
CHAPTER OF THE
ONCOLOGY NURSING SOCIETY

PRESIDENT'S MESSAGE

Jill Reese, RN, BSN, OCN

Happy Spring!

It is nice to know that Spring is here with sunny weather and that we can get outside and enjoy the fresh air.

Along with that, this is May and Oncology Nurses' Month. There is a wonderful program planned for May 16th at NCR Country Club to celebrate Oncology Nurses' Month. Mark your calendar's and plan to come enjoy a nice evening with your colleagues and friends.

Oncology Nurses' Month is a time to reflect on what it means to be an oncology nurse. This is a calling, and a privilege, for each of us. Think about the positive impact that we make each day with our patients, and family members. We touch so many lives in different ways. The moment our patients walk through the door we touch them with the smile on our face, to the gentle touch when starting the IV line, taking the time to educate them on what to expect, and being the cheerleader that they can get through each day. One day at a time. We are so honored to be able to develop such a special relationship with our patients. Most of us get to know our patients from the moment they begin their first treatment and have the pleasure to celebrate with them when they complete their last treatment. We also have the grace/honor to hug them one last time when there are no further options. Not many other fields of nursing can say they get to know their patients and their family members so intimately.

One day there will be a cure for cancer...but until then realize that it is a calling to be an oncology nurse and one that each of us should hold in high esteem to have answered.

Thank you for all that you do each and every day.

I would love to hear from you with any suggestions or questions. Please feel free to contact me at szcreese@earthlink.net

HEALTH INITIATIVES MISSION CHAIR UPDATE MONTGOMERY COUNTY UNIT – APRIL 2013

FROM 01.01.2013 TO 02.28.2013:

Before the American Cancer Society can serve patients with information or programs/services, it must first have access to those patients. Patients come in through the National Cancer Information Center (the 1-800 number), the Patient Navigation Center (our Division), Fax Referrals (from hospitals and medical providers), and of course, through direct patient contact (patient requests). In Calendar Year 2013, the ACS has served the following:

Unique Constituents	Goal: 778	Actual: 155	Percent to Goal: 20%
Newly Diagnosed	Goal: 384	Actual: 92	Percent to Goal: 24%
Uninsured or on Medicaid	Goal: 113	Actual: 27	Percent to Goal: 24%

PROGRAMS

Look Good, Feel Better	Goal: 97	Served: 8
Road to Recovery	Goal: 15	Served: 0
Wigs Distributed		Served: 42
Transportation Assistance		Served: 20
I Can Cope		Served: 3

PROGRAM & RESEARCH UPDATES:

- **Look Good...Feel Better**
 - Looking for LGFB facilitators in the Montgomery County area.
 - The next LGFB session will be on June 10th from 10:30am-2:30pm at Soin Medical Center.
- **Wig Salon**
 - There is a wig salon program at the Cancer Support Community on Hempstead Station Road in Kettering. They are always looking for volunteers to work in the salon. They do not need to be licensed cosmetologists to volunteer.
- **CPS-3**
 - The kickoff held on 04.03.2013 had a great turnout. We had 15 individuals in attendance at Soin Medical Center. We were able to get media coverage with WDTN news.
 - **Enrollments to Date:** We have 53 individuals with appointments for the Miami Valley enrollments. Our goal is 1050.

- To schedule an appointment, visit: www.MiamiValleyCPS3.org
- **There will be 3 enrollment opportunities in Montgomery County during the months of May and June:**

May 18th, 2013	10am – 2pm	<i>Summit Christian Church</i> Trotwood, OH 45426
May 22nd, 2013	4pm-8pm	<i>Hospice of Dayton</i> Dayton, OH 45420
June 6th, 2013	4pm-8pm	<i>Vandalia Recreation Center – Special Events Room</i> Vandalia, OH 45414
- We still need help with promotion. If you have any suggestions or ways to promote CPS-3 please let Heather know. Heather.Robison@cancer.org

OTHER UPDATES:

Mission Committee

The structure of the Health Initiatives Mission Committee is changing. As has always been the case, the Committee will continue to have an understanding of the organization’s mission priorities, the Program of Work, and an overall picture/understanding of what is happening in the region.

In lieu of long-standing sub-committees (i.e. Colorectal Task Force, Quality of Life, etc.), the Mission Committee will review mission priorities within the Program of Work and then further identify focus areas for the year. Based on the focus areas deemed to be of high priority, “project teams” will be developed to build the resources necessary to meet the project needs. These project teams will have specific goals, be time-limited, and will be very action-focused in order to ensure maximum efficacy.

Some examples of project team focus areas might include:

- recruitment for CPS-3
- increasing driver recruitment for Road to Recovery;
- promotion of 1-800# throughout the community;
- increasing breast and colorectal cancer screening;
- identifying priority resources for lodging and transportation;
- increasing patient referrals from health providers.

Patient Navigator

The American Cancer Society has a new Patient Navigator, Bethany McFarland, working in the Comprehensive Cancer Center at Miami Valley Hospital South.

FUTURE MEETINGS

May 16, 2013

NCR Country Club

Annual Love your Chapter dinner

We will celebrate Oncology Nurses Month and

The Alice Jordan Award will be presented

Registration begins at 5:30pm

Program begins at 6:00pm

RSVP to Nan no later than Monday, May 13th

June 20, 2013

Miami Valley South

Ohio Nursing Law – legal CEU

Registration begins at 5:30pm

Program begins at 6:00pm

RSVP to Nan no later than Monday, June 17th

WCO-ONS members are welcome and encouraged to attend.



Contact Mary Murphy @ 937-256-4490 x4417

Go green as efforts are made to carpool to the event with other members



WANTED

SCHOLARSHIP CHAIRPERSON

The Scholarship Chairperson is responsible for responsible for communicating criteria for awards and scholarships offered by ONS to chapter members. Responsibilities include announcement and review of applications for awards and scholarships, i.e. Pearl Moore, Excellent in Oncology, etc, and for facilitating the completion of applications before the appropriate deadlines. Contact a board member if interested.

MEMBER SPOTLIGHT

DANIELLE SUNDERMEYER RN, BSN, OCN

Danielle works at MVH in the Bone & Marrow Transplant Unit. She works 7a-7p on weekends only. Danielle started in 2002 as a PCT (patient care tech) and after receiving her RN license worked on the Medical Oncology Unit and then transferred to the BMTU.

Her nursing job/specialty is taking care of patients with any type of cancer but she deals with a lot of hematological malignancies and of course patients having an autologous transplant. Her average work day is 7am to 7 pm on Saturday and Sunday where she coordinates care for advanced care oncology patients providing emotional and supportive care for the patients and their families. Education is always a big topic by providing verbal and/or written information. Danielle has been a nurse for 10 years and has spent nine years in oncology care. She spent one year in an internship and worked on a telemetry unit, pulmonary unit and oncology unit. The year before graduating Danni worked as a PCT on the ATA (ambulatory treatment area) and she said she met oncology patients who may have been there to receive a neupogen shot or getting a blood transfusion and she thought they seemed like a special population.

Danielle likes oncology nursing because it is always changing and evolving. Danni has been a member in ONS since 2006 and was a WCO member in 2006, 2008 and in 2013. She passed her OCN exam in November 2011. Her favorite memories are attending the workshops and monthly meetings where she builds her networking skills. She hopes to build new memories!

Danielle has won several career awards at MVH. She has been on the Clinical Ladder since 2007 and won Honorable Nurse of the Year in 2007-08. She has been a recognized exceptional nurse between 2004-2012. She is a level 4 ACE (Advancing Clinical Excellence) this year and was nominated by her peers for the Wall of Excellence in 2010.

She is married and the mother of two young sons. She enjoys family time and fitness. She plays softball, soccer, hiking and running.

VOLUNTEERS NEEDED

SUBMITTED BY LADONNA HINKLE

Volunteers Urgently Needed for Cancer Prevention Study-3

The American Cancer Society needs volunteers to help find better ways to prevent cancer through Cancer Prevention Study-3. This once-in-a-lifetime opportunity to fight cancer by helping identify the genetic, lifestyle, and environmental factors that prevent or cause cause. Sign up now for a number of locations around the Dayton and Springfield area as well as Cincinnati. Locations in the Cincinnati area will be announced soon!

Volunteers between 30 and 65 years old with no history of cancer, other than skin cancer, can sign up. Enrollment takes 20 minutes, and after that you will only need to fill out a survey via mail or email every few years for the next 20 to 30 years.

At the enrollment, you will sign a consent form, fill out a short survey, get your waist measured, and give a very small blood sample.

Cancer survivors and others who are not eligible can help by spreading the word and asking friends, family, and coworkers to enroll in your honor.

More information can be found at:

<http://www.cancer.org/myacs/pennsylvania/areahighlights/cps3miamivalley>



CONGRATULATIONS

Susie Newton has been elected as Director-At-Large for National Oncology Nursing Society. She was inducted during the Town Hall Meeting at ONS Congress in Washington, DC in April.

DUES INCREASE WILL ALLOW ONS TO CONTINUE TO PROVIDE HIGH – QUALITY MEMBER BENEFITS

SUBMITTED BY LADONNA HINKLE

ONS cares about oncology nurses and is committed to providing its members with the best evidence-based education, products, and services to help them improve care for patients with cancer and their families. To continue to offer the highest-quality member benefits that continue to meet our members' needs, the ONS Board of Directors must make prudent and fiscally responsible decisions for ONS's financial health into the future. At its March meeting, the Board voted to increase the cost of dues for ONS membership effective July 1, 2013.

The Board carefully evaluated a number of factors before making this important decision.

- Although ONS had been on a cycle whereby dues were increased every three years, it has been five years since the last increase.
- Because dues have remained constant for the past five years, the value of dues has been eroded by inflation. ONS has continued to invest in member programs and services, even at a rate higher than the 1.4% rate of inflation.
- ONS prepared a competitive analysis of other similar organizations. Compared to other organizations, ONS's dues remain relatively low.
- It is essential that ONS finds the right balance between the Society's leadership position and its perceived value by members. Thoughtful consideration was given to how we are viewed versus the

extent to which members are engaged. Among the community served, ONS is seen as the preeminent source for oncology nursing products, services, and information, justifying a reasonable dues increase.

- It is important to remember that the Board has already approved the \$10 chapter dues for all members to cover universal chapter membership. The entire \$10 chapter fee is distributed to each member's respective chapter.
- During the recent ONS national election, ONS members voted to approve a new member category: early career professionals. The dues for the new category are priced at the midpoint between student membership and regular membership. The affordable, introductory rate will allow newer nurses within five years of obtaining their RN license to join their professional association at the start of their careers.
- The senior membership category has been changed to retired to better serve retired nurses who would like to remain a part of the oncology nursing community after they are no longer working.

Effective July 1, 2013, ONS dues will increase to \$120. When the \$10 universal chapter membership dues are added, the new total comes to \$130 per year for regular membership. New dues amounts for other member categories (e.g., student, early career professional, retired) have also been determined by the formula currently in place for establishing the category discounts from the regular dues amount (e.g., students pay 50% of regular dues, early career professionals pay 75%, and so on). **See the [member dues by category chart](#) for more detail.**

The ONS Board of Directors is committed to supporting the investment in high-quality and evidence-based programs and services for our members. If you have any questions or comments, please let us know at executive@ons.org. We are here for you.

BOARD RETREAT

The next board retreat is scheduled for Saturday, July 13th at 9am at Hospice of Dayton.



EDUCATION AND SUPPORT

HOSPICE & PALLIATIVE NURSING ASSOCIATION CINCINNATI TRI-STATE CHAPTER

Thursday, May 9, 2013

5:45 – 8:15p

Ethics in Practice: Professional Boundaries

West Chester Hospital

Plaza A Conference Room

Tuesday, July 9, 2013

5:45 – 8:15p

Care of Persons with ALS

West Chester Hospital

Plaza A Conference Room

MONTGOMERY COUNTY ACS VOLUNTEER LEADERSHIP COUNCIL MEETING MINUTES HIGHLIGHTS APRIL 18, 2013

- Area of Need/Discussion
 - CPS3
 - Need 350 per county to enroll- Greene, Montgomery and Clark Counties
 - It is critical that we get more enrollments to reach our goal
 - This will be a focus at community events
 - There is a job description of CPS3 Champion, CPS3 handout and a response card
 - Anyone 30-65 that has not had a cancer diagnosis is eligible to participate
 - Initial enrollment is in-person and remaining contact is done online or by mail.
 - **To participate, please contact Heather Robinson at 1-888-227-6446 or to enroll go to www.MiamiValleyCPS3.org**
 - **See attachment for CPS-3 dates and locations**
 - **Please do anything you can to help generate enrollments within your networks.**
 - Relay for Life
 - Relays are in full swing, please make an effort to support Relay for Life in your area or multiple areas, committee members are in Orange shirts, they LOVE to be thanked by VLC members!
 - **All dates, locations, websites and staff contact info is included in attachment**
 - Some Events need help:
 - Huber Heights- moved to a 6 hr event on Friday May 17, really needs support
 - Centerville- needs teams and energy, any help walking track would be great

- Farmersville/Germantown- needs support- no succession plan in place for chairs for 2014. Needs strong volunteer for 2014
 - Next meeting: July 18, 2013 Hospice of Dayton
 - It was decided that meetings would go back and forth between Hospice of Dayton and Miami Valley South Cancer Center- both easy locations and great IT and parking.



MONTGOMERY COUNTY - RELAYS

University of Dayton Relay www.relayforlife.org/Udayton	Apr 12/13 3pm-9am	KU Greenspace 300 College Park Ave Dayton OH 45409	Denise ext 4202
Huber Heights Relay www.relayforlife.org/HuberHeights	May 17/18 6pm-12pm	Thomas Cloud Park 5400 Chambersburg Rd Huber Heights OH 45424	Amy ext 4400
Centerville Relay www.relayforlife.org/Centerville	May 18/19 2pm-8am	Centerville High School 500 E Franklin St Centerville OH 45459	Denise ext 4202
Kettering Relay www.relayforlife.org/Kettering	May 18/19 12pm-10am	Delco Park 1700 Woodman Center Dr Kettering OH 45419	Jen ext 4214
Northmont Relay www.relayforlife.org/Northmont	May 18/19 1pm-7am	Northmont High School 4916 National Rd Clayton OH 45315	Jen ext 4214
Riverside-Wright Patt Relay www.relayforlife.org/Riverside	Jun 1/2 3pm-9am	Community Park 900 Old Harshman Rd Riverside OH 45431	Amy ext 4400
Oakwood Relay www.relayforlife.org/Oakwood	Jul 12/13 6pm-12pm	Mack Hummon Field 1200 Far Hills Ave Dayton OH 45419	Liz ext 4220
Miamisburg-West Carrollton Relay in West Carrollton www.relayforlife.org/msbgwc	Aug 3/4 2pm-8am	Weidner Park 150 E Central Ave West Carrollton OH 45449	Jen ext 4214



CELEBRATE OUR 100TH BIRTHDAY!

One hundred years ago, the American Cancer Society began the fight of a lifetime – the fight against cancer. Now it’s time to join together to finish the fight. Join Southwest Ohio and take action by purchasing a special 100th Birthday Luminaria for a \$10 donation. Show the world that we will finish this fight by placing it on your front porch on the Society’s birthday, May 22nd.

Name: _____
 Address: _____
 Phone: _____
 Email: _____
 Relay For Life Event: _____

UPCOMING WCO-ONS 2013 BOARD MEETING DATES:

Members are invited, welcome and encouraged to attend!

WHEN: May 7, 2013
 September 10, 2013

Meetings are on Tuesday evenings unless otherwise specified. Complimentary dinner is served at 5:30 pm. The meeting begins at 6:00 pm following dinner. Please contact Mary Murphy at 937-256-9507 ext. 4417 to make reservations for the meal.

WHERE: Hospice of Dayton



Log on to our WCO-ONS website at

www.wcoho.vc.ons.org/

Log on to our national website at

www.ons.org

Central Line is the official newsletter of the West Central Ohio Chapter of the Oncology Nursing Society. It is published quarterly. Submissions are encouraged and will be published, subject to editing. Please submit your information, ideas, and accomplishments to: [Julie Barker](mailto:jumibarker@hotmail.com) at 771 Bridlewood Street, Beavercreek, OH 45430 or jumibarker@hotmail.com

Items submitted by: January 15, April 15, **July 15**, and October 15
Central Line Published On: January 30, April 30, **July 30**, and October 30

